

YOGA & FITNESS CLASSES

APRIL 12-30, 2021



Blue Granite Climbing Gym
www.bluegraniteclimbing.com
530-600-2761

PLEASE NOTE:

MORE CLASSES COMING IN MAY

We are starting slow, but so happy to be back! Check future monthly schedules for more classes.

MAX CAPACITY = 5

We are limiting class size to allow for social distancing.

SIGNUPS ARE REQUIRED

You can call in or visit the gym on the day of the class to signup in advance. Walkins will be allowed up to max capacity.

FREE FOR MEMBERS

Yoga & Fitness classes are free for active gym members. Or a punch pass or day pass can be used.

MONDAY

7:30 am Pilates (Sue)
8:40 am Barre (Sue)

WEDNESDAY

7:30 am Pilates (Sue)
8:40 am Barre (Sue)
9:30 am Yoga for Climbers (Tara)

THURSDAY

8:30 am Yoga for Climbers (Tara)